



Restorative Now



Repairing Relationships through Restorative Engagement

“Good relationships need to be at the heart of everything a community does to ensure a sense of goodwill, security and belonging.....”

Building sustainable relationships and addressing harm



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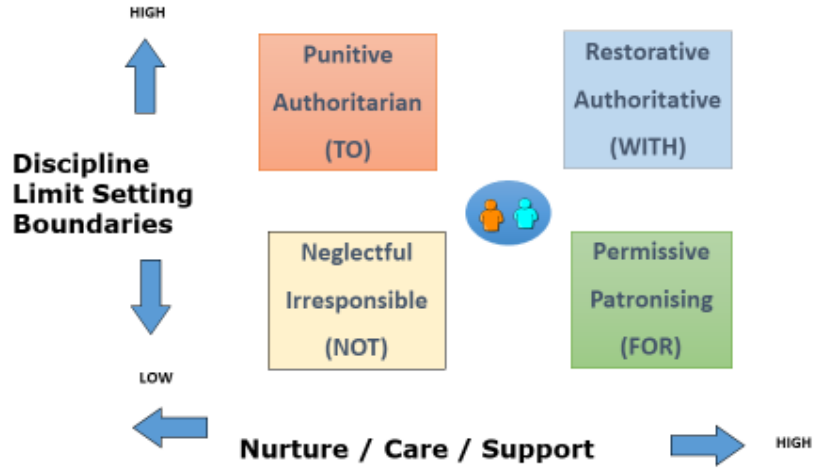
RELATIONSHIPS -

“What relationship qualities are required to repair relationships under strain?”



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FOUR INTERVENTION CHOICES



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COMPASS OF SHAME



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Impact of Adverse Childhood Experience



- Did a parent or an adult in the household **insult, swear or humiliate** you?
- Did a parent or an adult in the household **slap, grab, hit or hurt** you?
- Did an adult or person at least 5 years older, **touch, or fondle you in a sexual manner?**
- Did you often or very often feel that **no-one in your family loved you or thought you were special?**
- Did you often or very often feel that you had **insufficient food, clean clothes or anyone to protect you?**
- Were your parents **separated or divorced?**
- Was your mother/stepmother often or very often **hit, slapped and grabbed?**
- Did you live with anyone who was a **problem drinker or an alcoholic?**
- Was a household member **depressed or mentally ill?**
- Did a household member go to **prison?**

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Adverse Childhood Experiences

Traumatic events that can have negative, lasting effects on health and wellbeing



4 or more ACEs



“ Adverse childhood experiences are the single greatest unaddressed public health threat facing our nation today ”

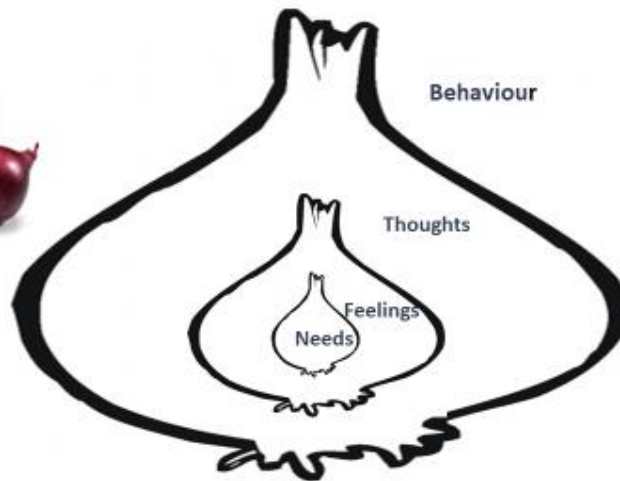
Dr. Robert Block, the former President of the American Academy of Pediatrics

67% of the population have at least 1 ACE



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RESTORATIVE ONION



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The Restorative Enquiry Questions



- What happened?
- What were you thinking?
- How did that feel?
- How are you left feeling now?
- What do you need now?



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The use of Restorative Enquiry Questions

- What happened?
- What were you thinking about?
- What were you feeling?
 - Had anything happened before?
 - What were you thinking then?
 - And how were you feeling?
- Has anything happened since?
- What were thinking then?
- And how were you feeling?
- Has anyone else been affected?
- How are you left feeling now?
- What do you need now?



QUESTIONS

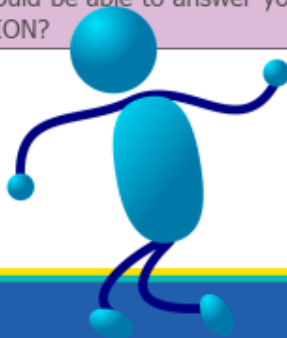
STATEMENTS



- That's an Important QUESTION
- How would an answer help you?
- Who would be able to answer your QUESTION?



- That's an Important STATEMENT
- How would having your statement heard help you?
- Who needs to hear your STATEMENT?



FREEBIES

What's life like if you do?

What's life like if you don't?